



# Amy Beth Kessinger

PROGRAM DEVELOPER, COACH & FACILITATOR

📍 Saxapahaw, North Carolina

## Education

University of York

🎓 *Master's Degree, Modern Literature and Culture*

Champlain College

🎓 *Master's degree, Mediation and Applied Conflict Studies - Woodbury Institute*

Union College

🎓 *Bachelor of Arts, English & Philosophy*

Amy Beth Kessinger joined The Growth Partnership in February 2025 as the Primary Professional Development Coach. With over 25 years of experience, she is an award-winning educator, master facilitator, and ICF-accredited coach known for designing transformative, nature-inspired learning experiences that empower individuals, teams, and organizations.

Amy Beth works with leaders, communities, and organizations to cultivate thriving cultures through experiential learning, conflict engagement, and systems thinking. Her approach emphasizes curiosity, connection, and fresh perspectives—whether in the boardroom, classroom, or the great outdoors.

Specializing in experiential learning design, coaching, conflict transformation, and community building, Amy Beth has worked with organizations such as Microsoft, Duke, UNC, and the American Financial Services Association. She believes that every person holds the power to be a catalyst for change, unlocking growth and opportunity for themselves and those around them. She has worked with educational institutions, corporate clients, and purpose-driven organizations, facilitating impactful coaching journeys, leadership retreats, and community-building initiatives.

Based in Saxapahaw, NC, a small village with a big heart, Amy Beth leads an active lifestyle with her family. She enjoys playing tennis, trail running with her dogs, kayaking, and attending concerts. She also volunteers as a hike leader and leadership/culture-building specialist with the Women of the Triangle Hiking Club, where she designs community-building programs and provides strategic guidance to the board of directors. Her latest passion project, Saxapahaw Netwalking, reimagines professional networking through guided walks that combine movement, nature, and purposeful dialogue.

